

# May 2015

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
4	5	6	7	8	9	10 Mother's Day
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25 Memorial Day	26 Easy Run 3.5 xfit	27 Easy Run 3.5	28 Easy Run 4.0	29 Easy Run 3.5 xfit	30 Easy Run (EHS) 4.0	31 <b>O.Y.O.</b> <b>18.5 mpw</b>

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